

POSSESSION DRILL

DIEGO SIMEONE 3v3+3 HEXAGONAL RONDO



Players:
+9



Time:
15 min



Focus:
Possession



Age:
U12+



Intensity:
6/10

SETUP

- Arrange 6 cones in a hexagon with about 9 meters between each cone.
- Split players into 3 teams of 3: two teams alternate around the outside, one team defends inside.
- Adjust the distances between cones based on the players' age and skill level.

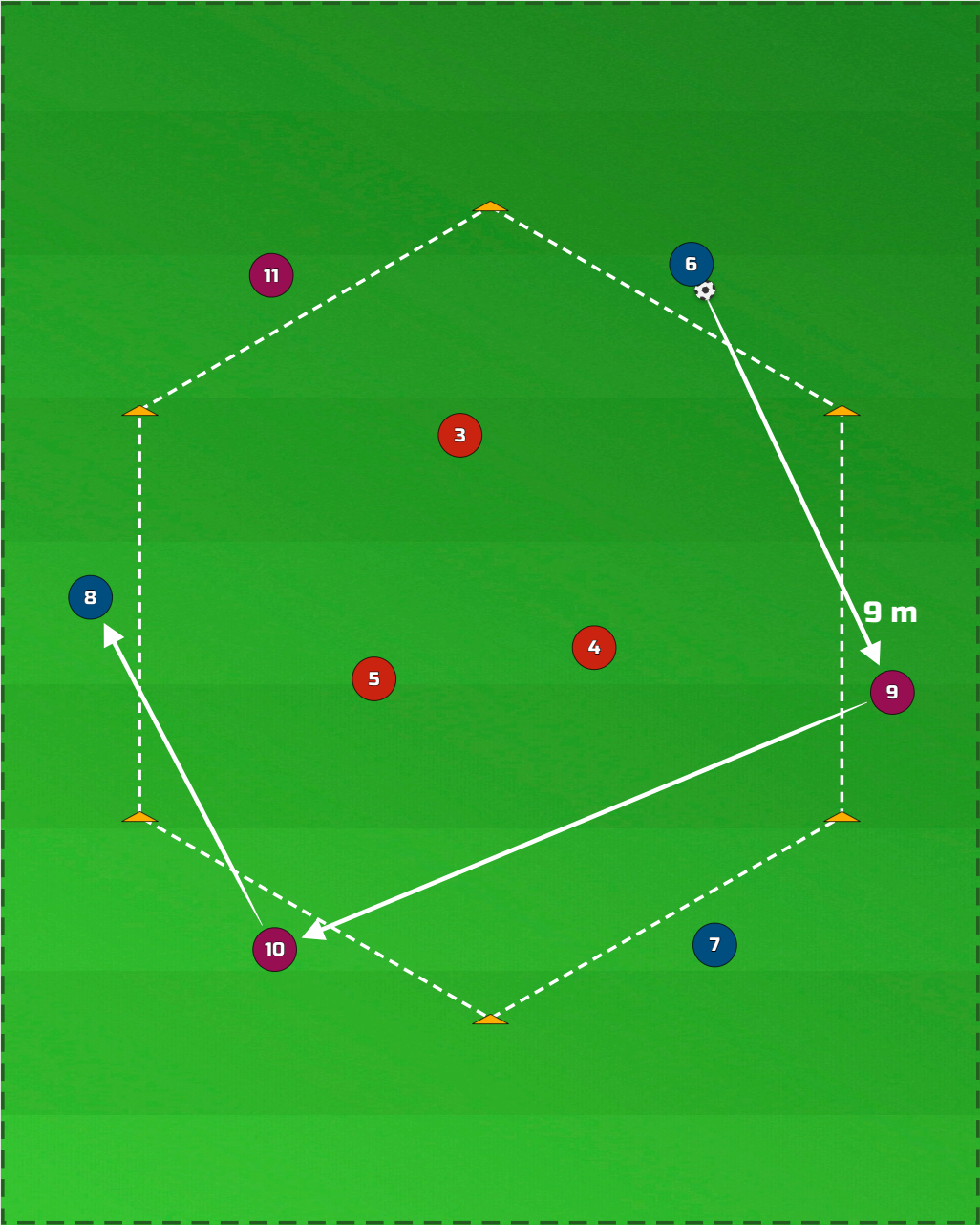
KEY POINTS

Diego Simeone's hexagonal rondo is a 6v3 with a twist. The two outside teams combine to keep the ball against the three defenders inside. Whichever outside team loses possession swaps with the defenders on the fly, and the team that won the ball must quickly connect with the other outside team while the switch happens. The drill develops possession under pressure, collective transitions and situational awareness.



SCAN FOR THE FULL DRILL

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Pass



Defenders



Outside team A



Outside team B

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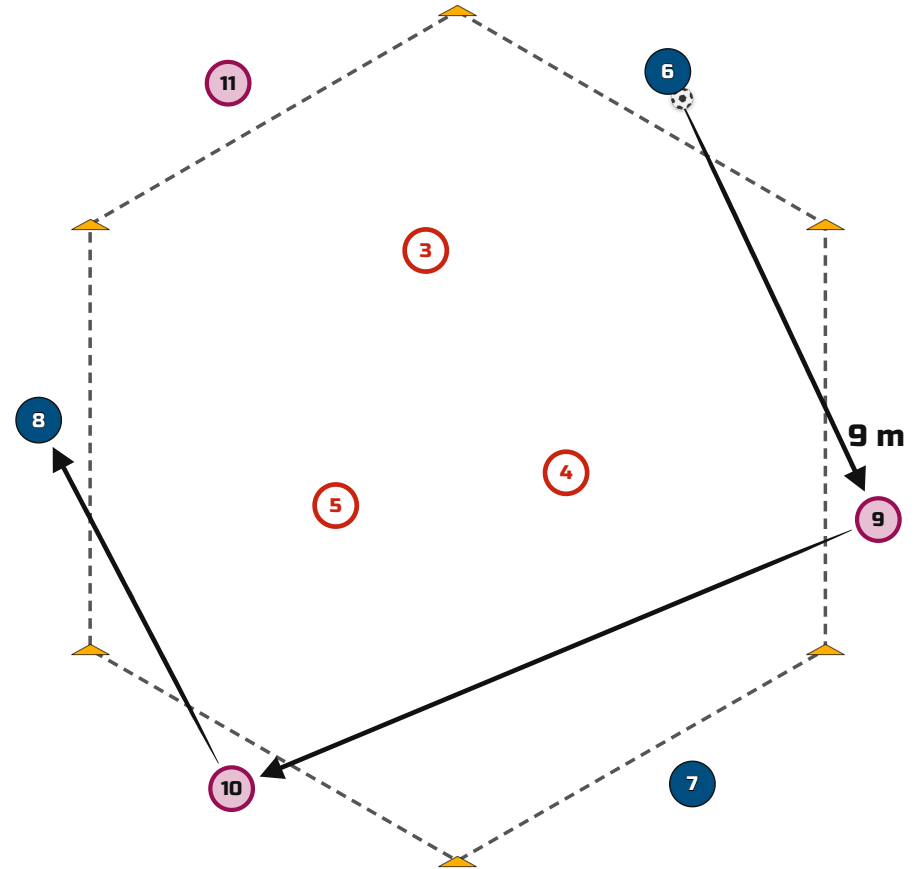
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→ Pass ○ Defenders ● Outside team A ● Outside team B