

3v2 “KLOOP INSPIRED” SHOOTING DRILL



Players:
+10



Time:
30 min



Focus:
Shooting



Age:
U13+



Intensity:
8/10

SETUP

- Place 3 cones in a line 10 meters outside the box and 10 meters apart, with at least 2 attackers at each.
- Position a small goal on each flank, and 2 defenders with balls behind the goal line on each side of the goal.
- Adjust the distances between cones based on the players' age and skill level.

KEY POINTS

A defender starts the drill with a pass into one of the three attackers, then both defenders push out to defend a 3v2 towards goal. The attackers look to finish quickly, using varied runs to get in behind, while the defenders stay compact and try to win the ball. If they do, they play out fast into one of the small goals on the flanks. Attackers score 1 point, defenders 2, first to 10 wins. The drill develops finishing in an overload, attacking combinations, and playing out of a pressing area.

