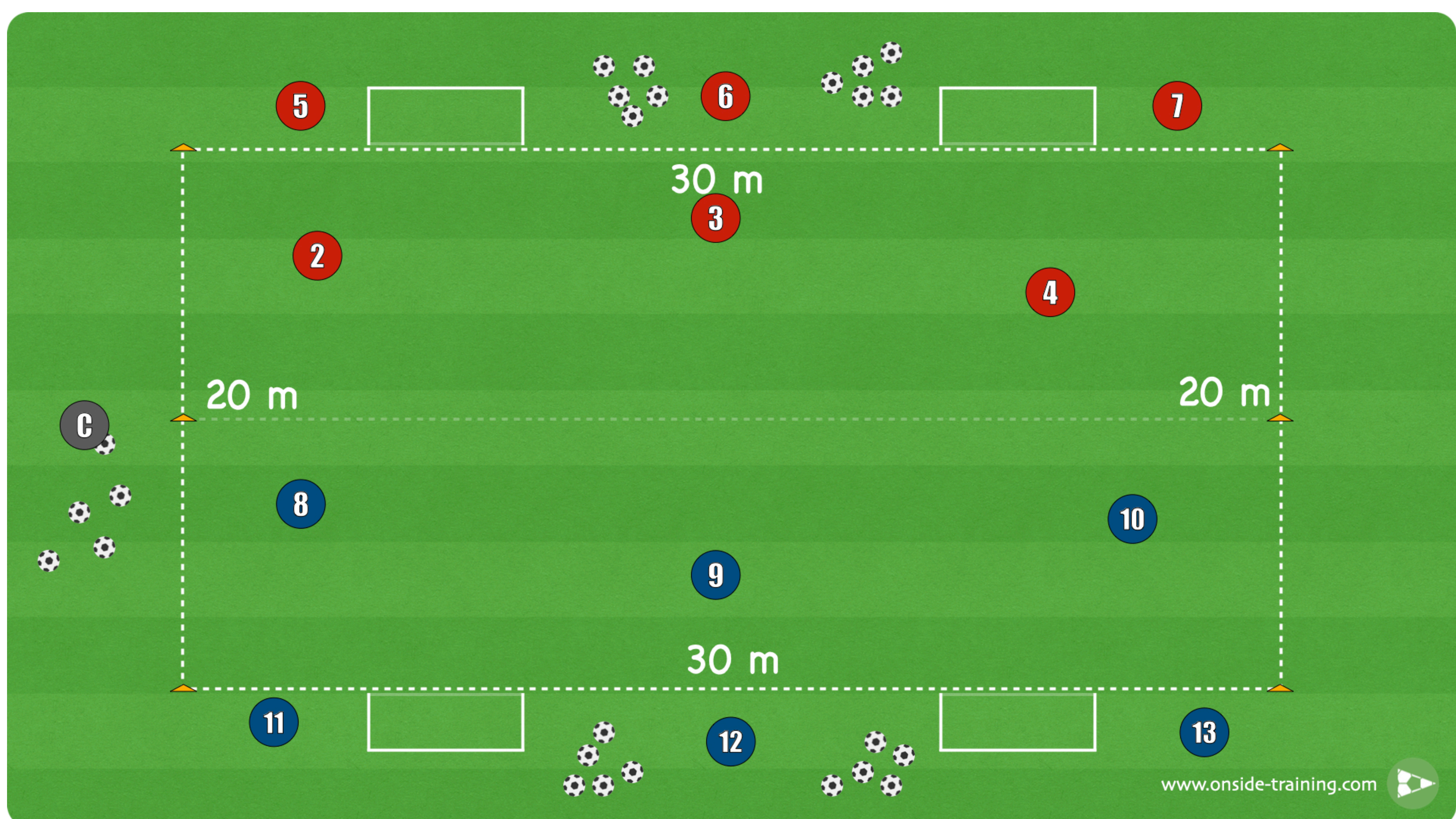


# 3v3 ON SMALL GOALS

[www.onside-training.com](http://www.onside-training.com)

## Setup:

- Create a 30x20 square using four cones, and mark the middle line with two additional cones.
- Place two small goals at each end.
- Position one team at each end of the pitch, with six players on each team divided into two smaller teams of three players each.
- Adjust distances between cones based on the age and skill level of the players.



## Why Use This Drill?

This 3v3 On Small Goals drill is designed to enhance players' possession skills under pressure, emphasizing both high-pressure defending and executing effective counter-attacks. It facilitates the development of passing combinations in tight spaces, encouraging the use of the third man in play.





# 3v3 ON SMALL GOALS

## How It Works:

Two teams start the game within the designated play area, with the coach commencing play by kicking the ball into the air and into the play area or by one of the teams starting with the ball. The objective is for the teams to collaborate and score a goal on either of the two small goals.

For a goal to be valid, all players must cross the middle line and enter the opposition half. If any player remains behind the line, the goal is nullified, and possession is handed over to the opposing team. Following a scored goal or when the ball goes out of bounds, the two new teams enter the play area, and the game resets.

The team that conceded a goal or retained possession restarts the game with the ball from the backline. This rotation system ensures continuous engagement and allows all teams to actively participate in the drill.

