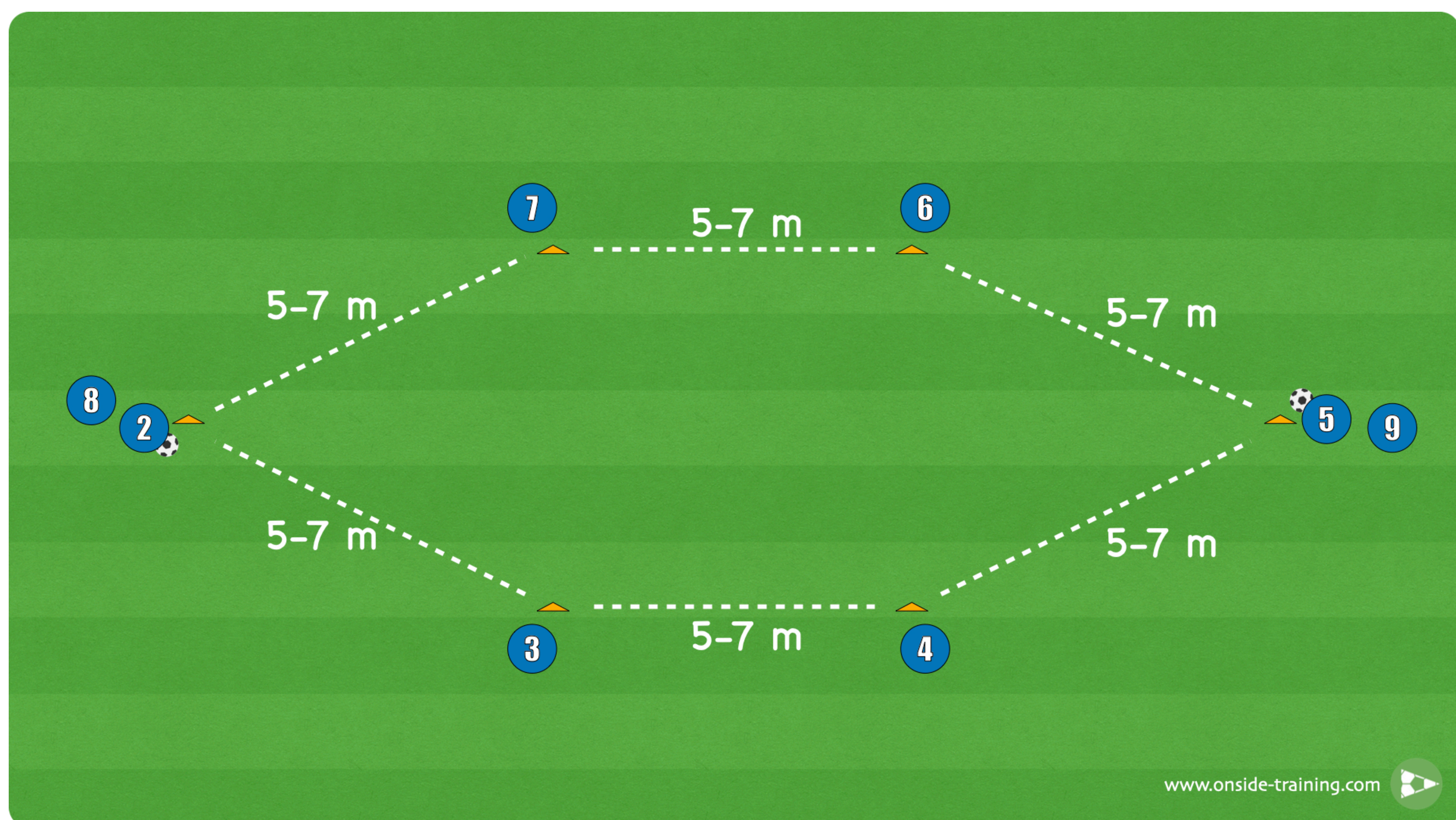


SCHALKE 04 PASSING DRILL

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Setup:

- Arrange 6 cones in a hexagon shape, resembling two mirrored triangles.
- Maintain a distance of approximately 5-7 meters between the cones.
- Adjust the distance between players based on their age and skill level.



Why Use This Drill?

This passing drill takes inspiration from Schalke 04 and offers a straightforward setup with various passing combinations. It's designed to enhance players' skills such as first touch, movement, and first-time passing. Easy to implement, it provides a versatile training experience.

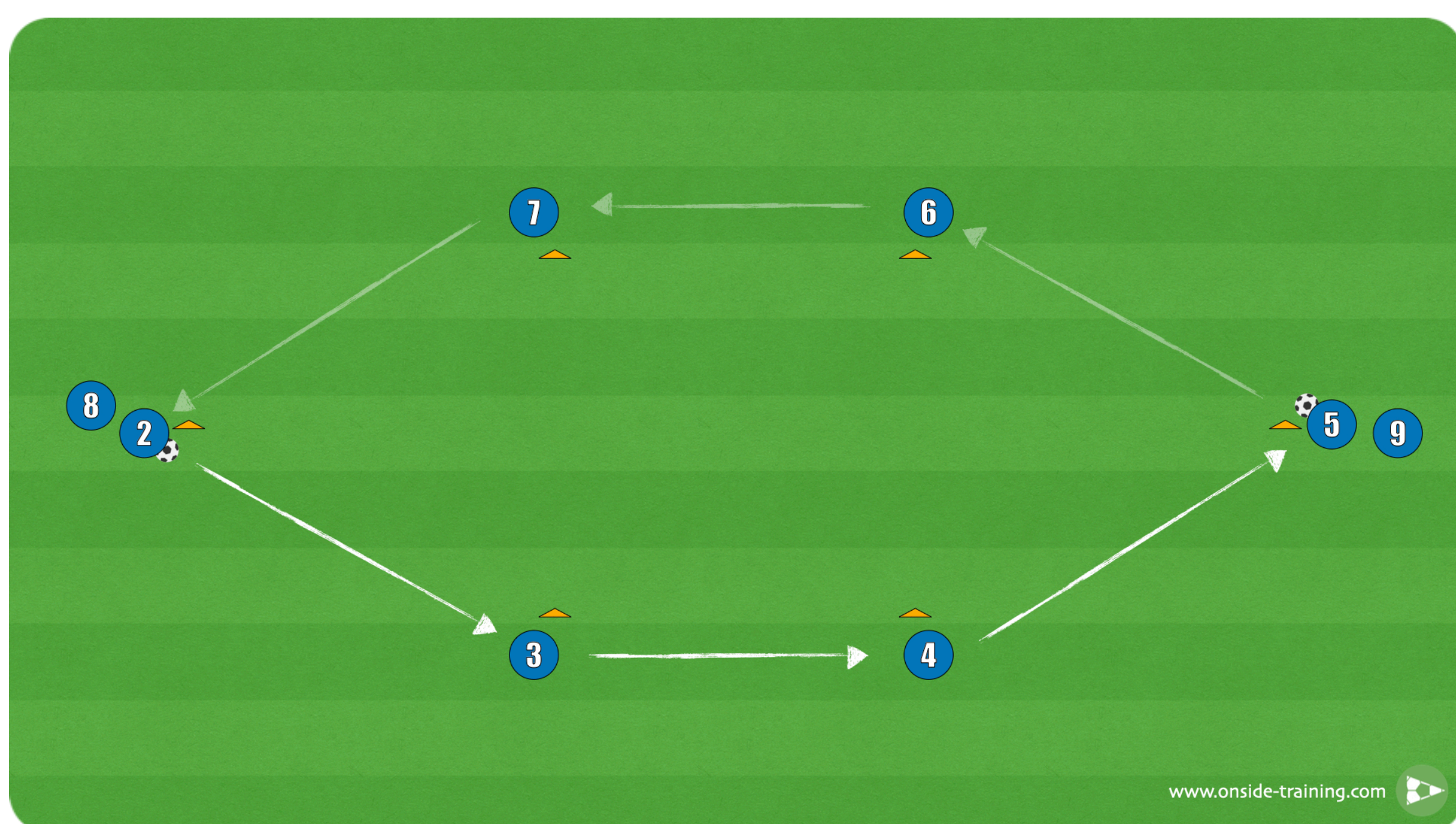


SCHALKE 04 PASSING DRILL

How It Works

Two balls initiate simultaneously from opposite ends of the hexagon, each moving in the opposite direction. Players are encouraged to utilize a maximum of two touches, incorporating a first touch and a subsequent pass.

Ensure the play direction alternates, promoting the engagement of both feet

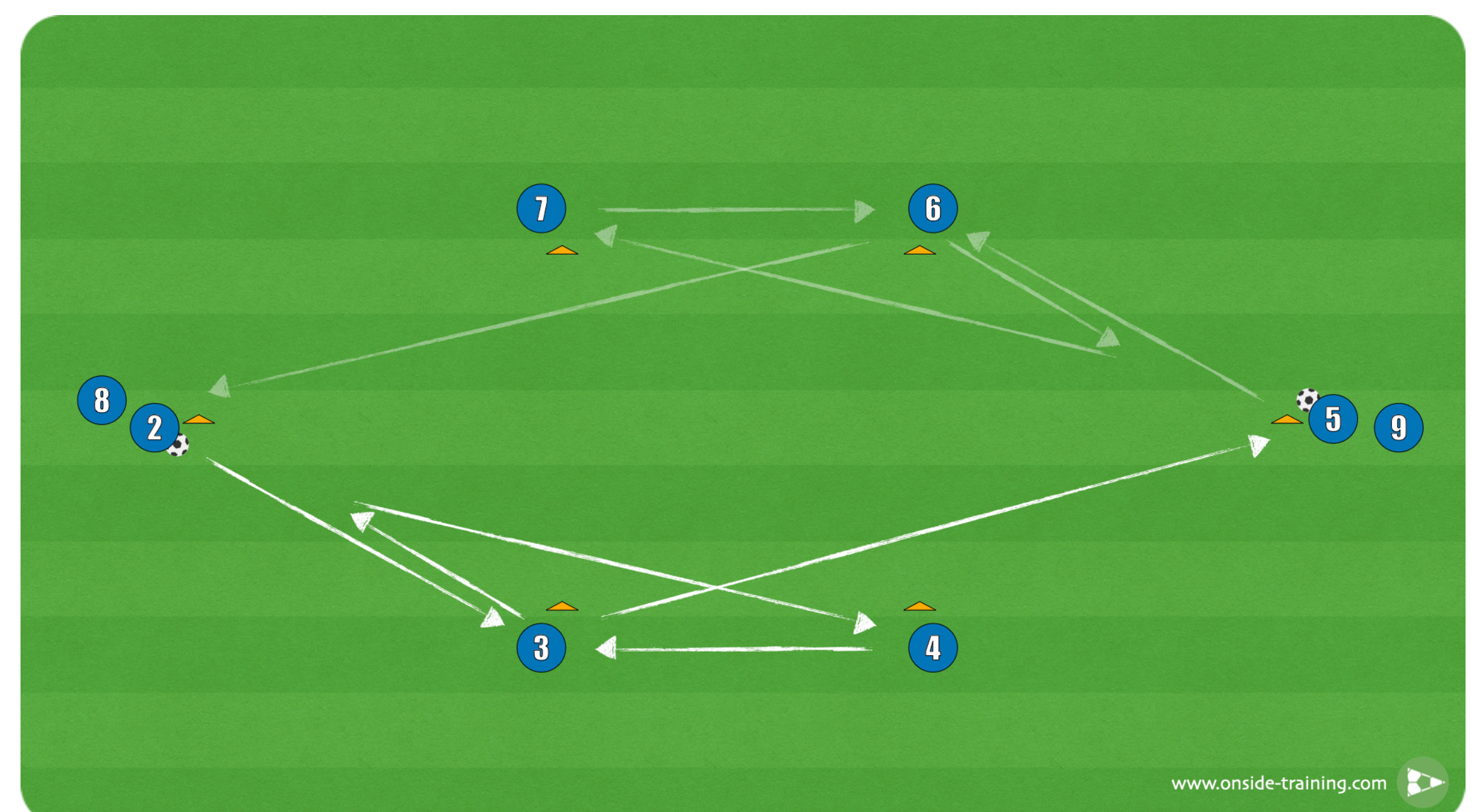


1. Variation:

Players execute passes around the hexagon with a directional first touch, allowing for turns with the ball, followed by a strong pass.

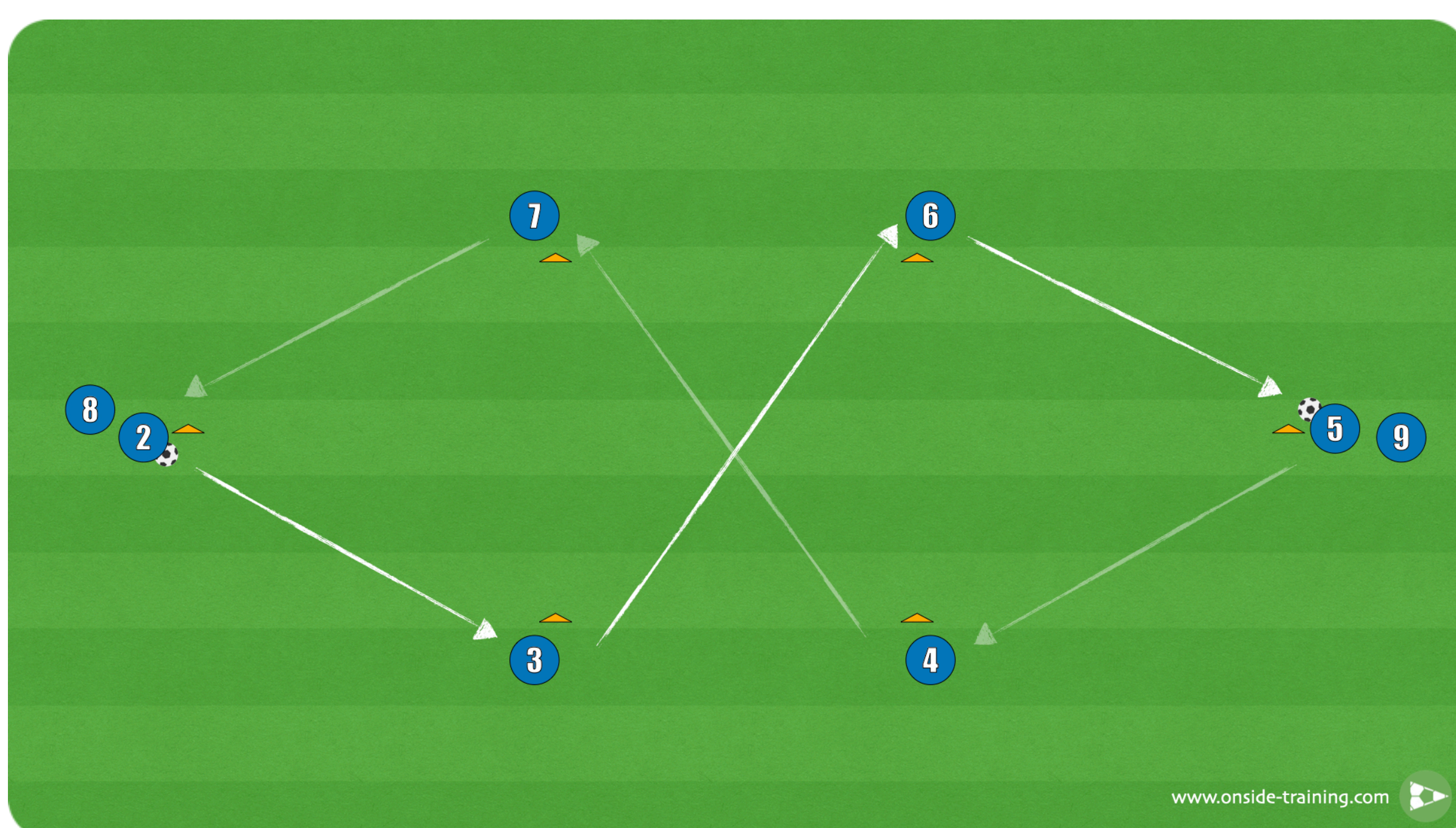
2. Variation:

Players employ one-two passing combinations, emphasizing first-time passing on each occasion.



3. Variation:

Players execute passes within the hexagon, sending diagonal balls through the central square of cones. A directional first touch and robust passing are emphasized in this variation.



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