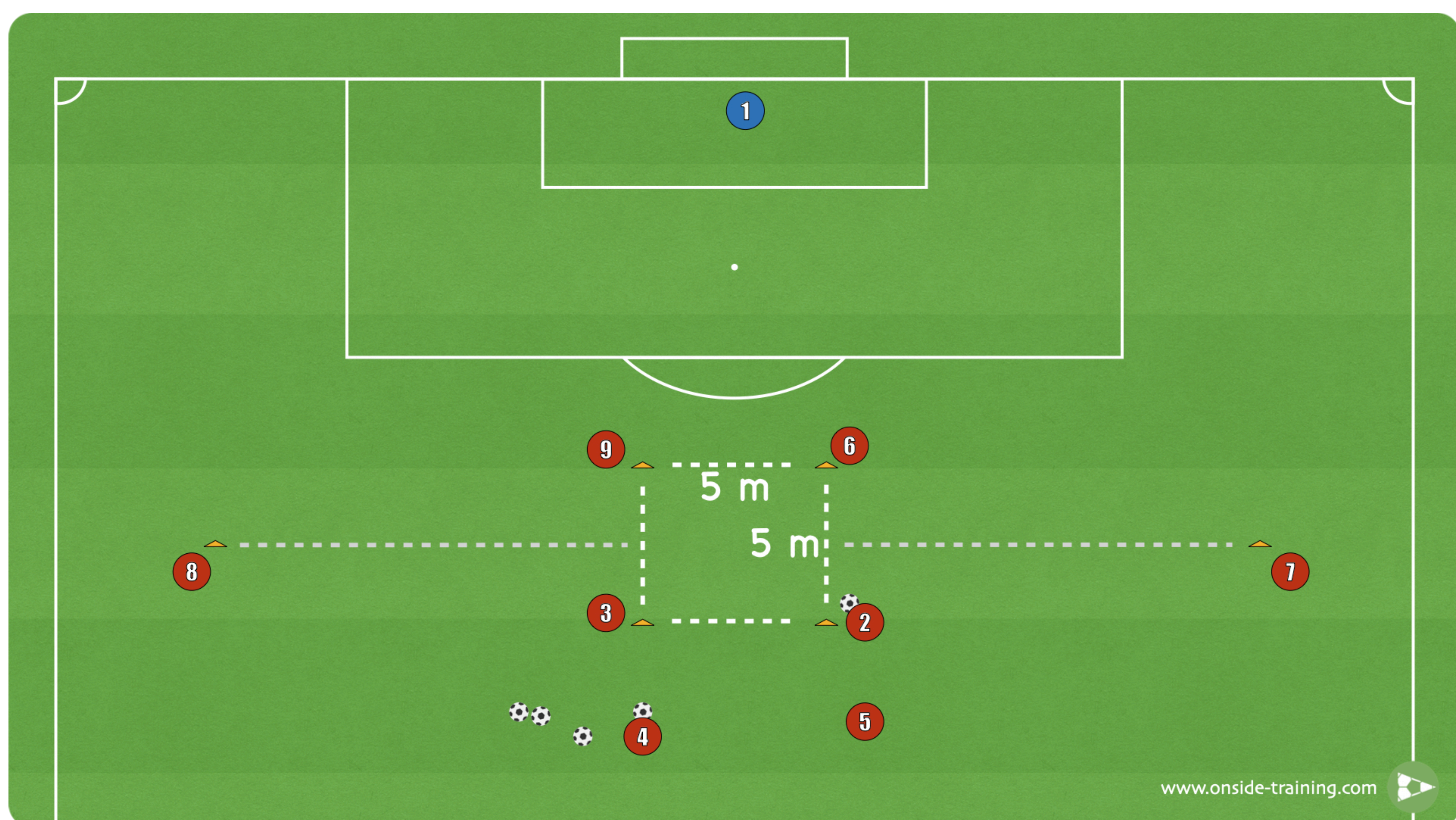


# CROSSING AND SHOOTING DRILL 2

[www.onside-training.com](http://www.onside-training.com)

## Setup:

- Set up a square using four cones with approximately 5 meters between each cone, a bit outside the box.
- Add cones on both wings of the field.
- Position players at each cone, with the remaining players forming two lines behind the square.



## Why Use This Drill?

This drill mirrors real-game situations. It begins with short passing combinations in a confined area before a long pass is sent to the wings for a cross to the attackers.

The drill works on passing, long passes, crossing, heading, and scoring near the goal.

The stages of the drill can be directly applied to a game, enhancing the players' understanding of the attacking phase in real matches.



