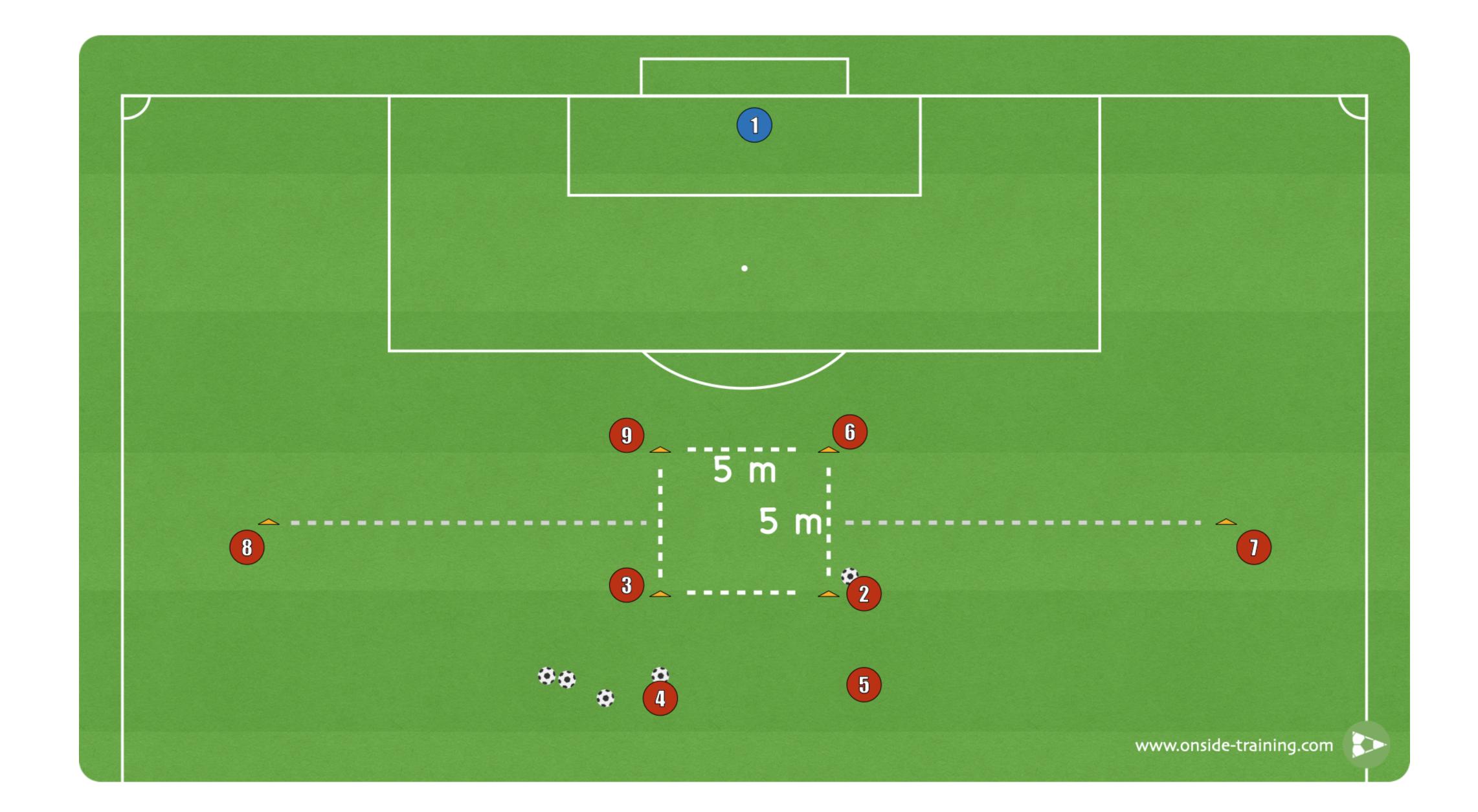
## CROSSING AND SHOOTING DRILL 2

### Setup:

• Set up a square using four cones with approximately 5 meters between each cone, a bit outside the box.

- Add cones on both wings of the field.
- Position players at each cone, with the remaining players forming two lines behind the square.



# Why Use This Drill?

This drill mirrors real-game situations. It begins with short passing combinations in a confined area before a long pass is sent to the wings for a cross to the attackers.

The drill works on passing, long passes, crossing, heading, and scoring near the goal.

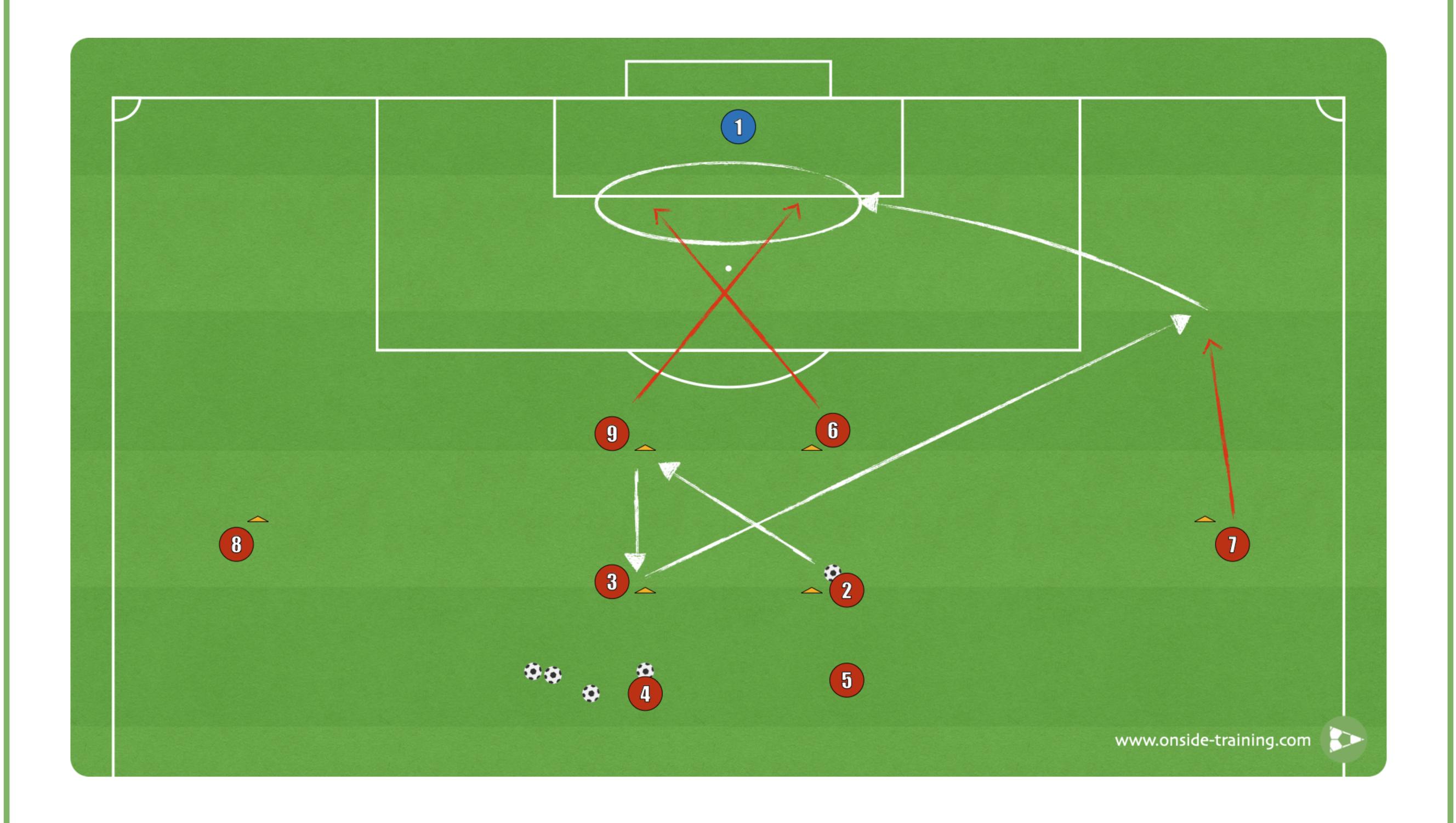
The stages of the drill can be directly applied to a game, enhancing the players' understanding of the attacking phase in real matches.

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### CROSSING AND SHOOTING DRILL 2

### How It Works:

- Begin with the ball at one of the players farthest from the goal.
- The starting player executes a diagonal pass to the other player.
- The receiving player lays off the ball for the other player farthest from the goal.
- This player then sends a long ball to the winger.
- The winger gains control of the ball and delivers a cross.
- Simultaneously, the two attacking players in the square move into the box, aiming to time their run for the cross.
- After each cross, players rotate positions. (Wingers can remain on the wings for a longer period.)





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