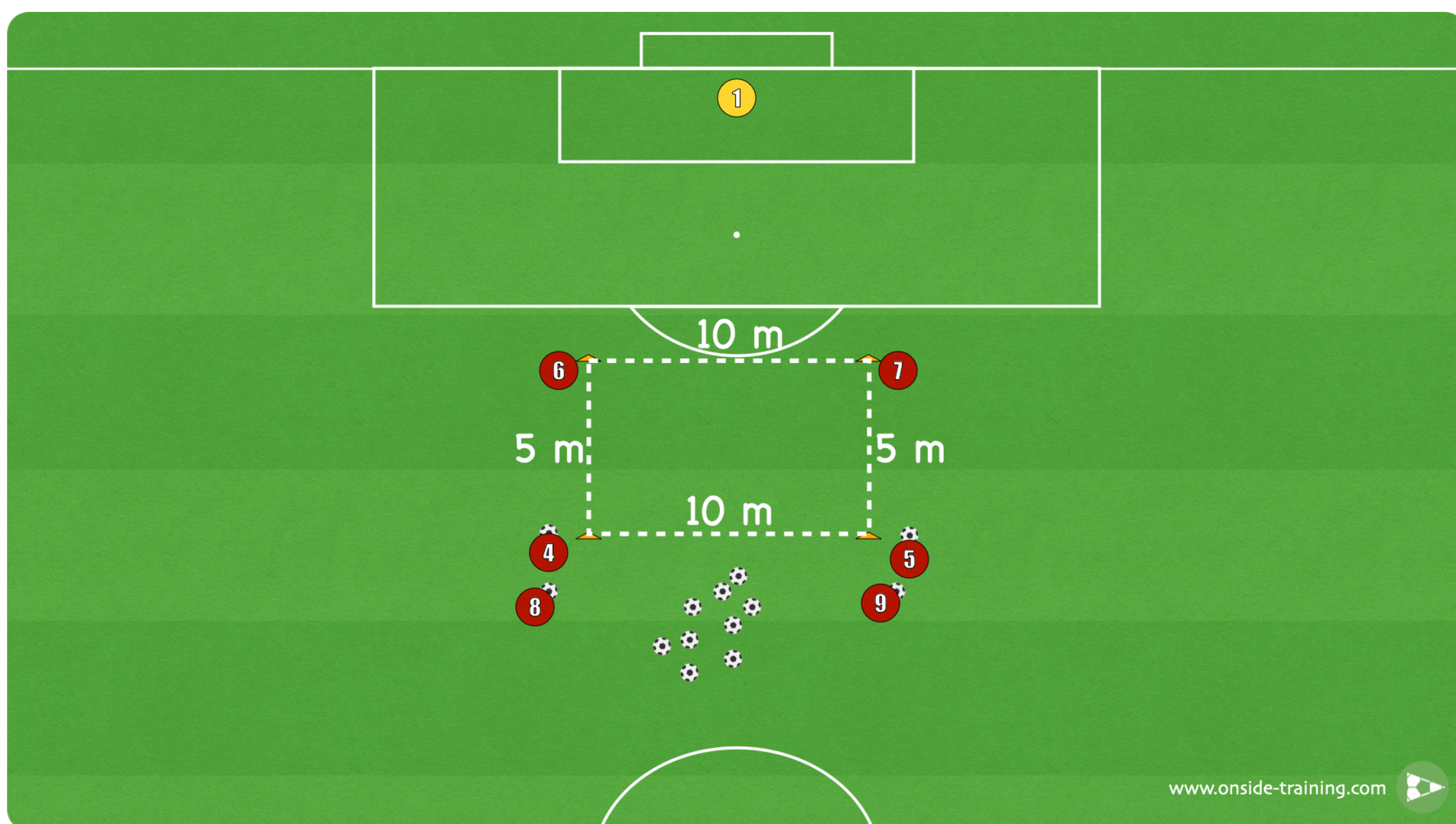


4 CONE SHOOTING DRILL

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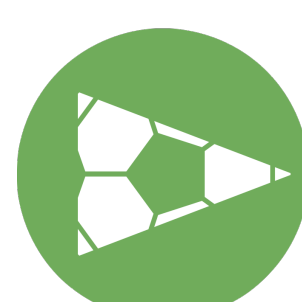
Setup:

- Create a rectangle using 4 cones located just outside the box, with dimensions approximately 5 x 10 meters.
- Assign one player to each cone, and any additional players should form a line behind the two cones farthest from the goal.
- Adjust the distance between players based on their age and skill level.

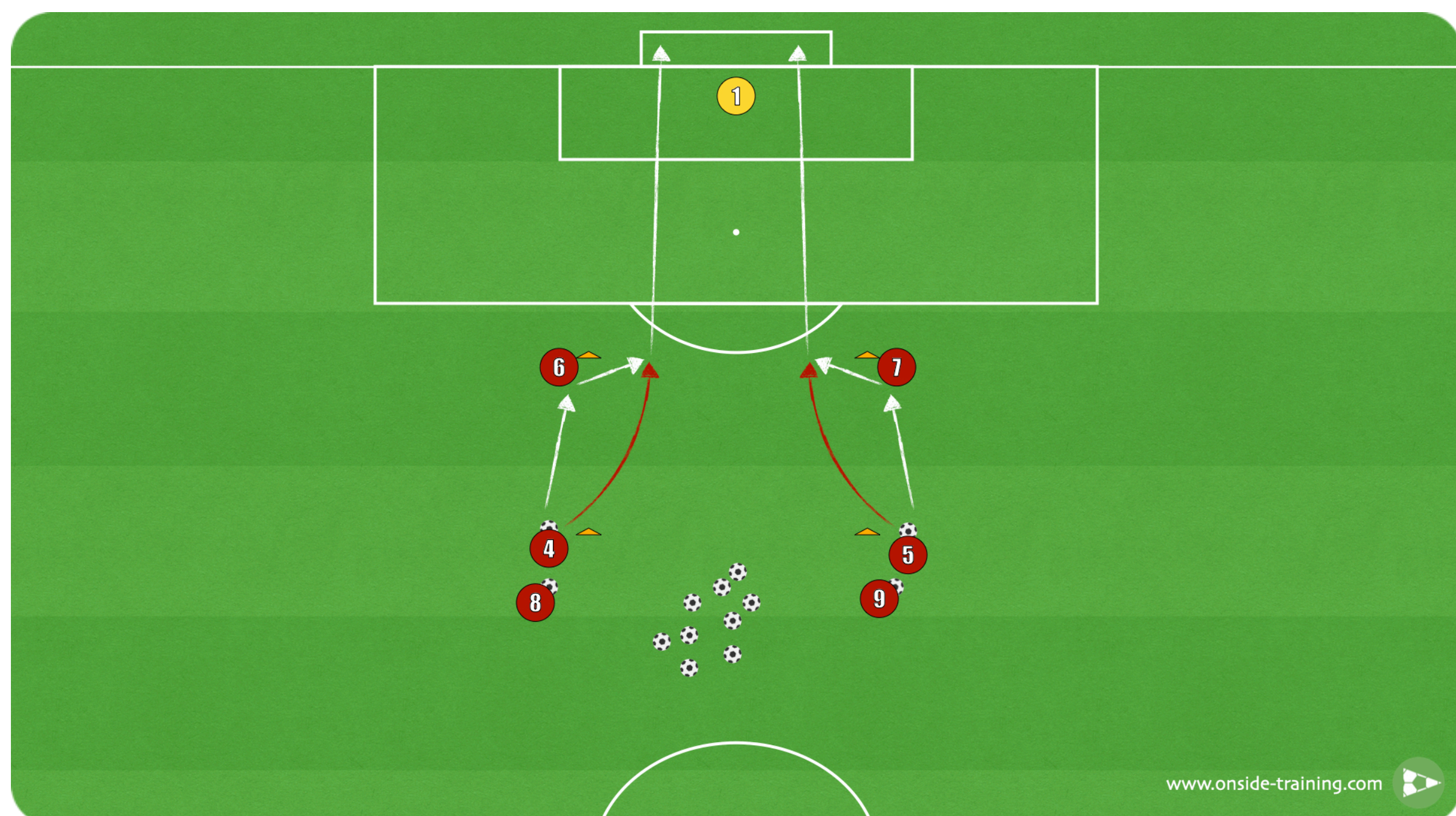


Why Use This Drill?

The 4 Cone Shooting Drill is a straightforward yet effective way to practice shooting while integrating various passing combinations. In addition to developing shooting skills, players also enhance their passing, one-two passing combinations, and third-man passing. This drill contributes to a better understanding of the game and aids players in improving their performance during attacking phases.



4 CONE SHOOTING DRILL

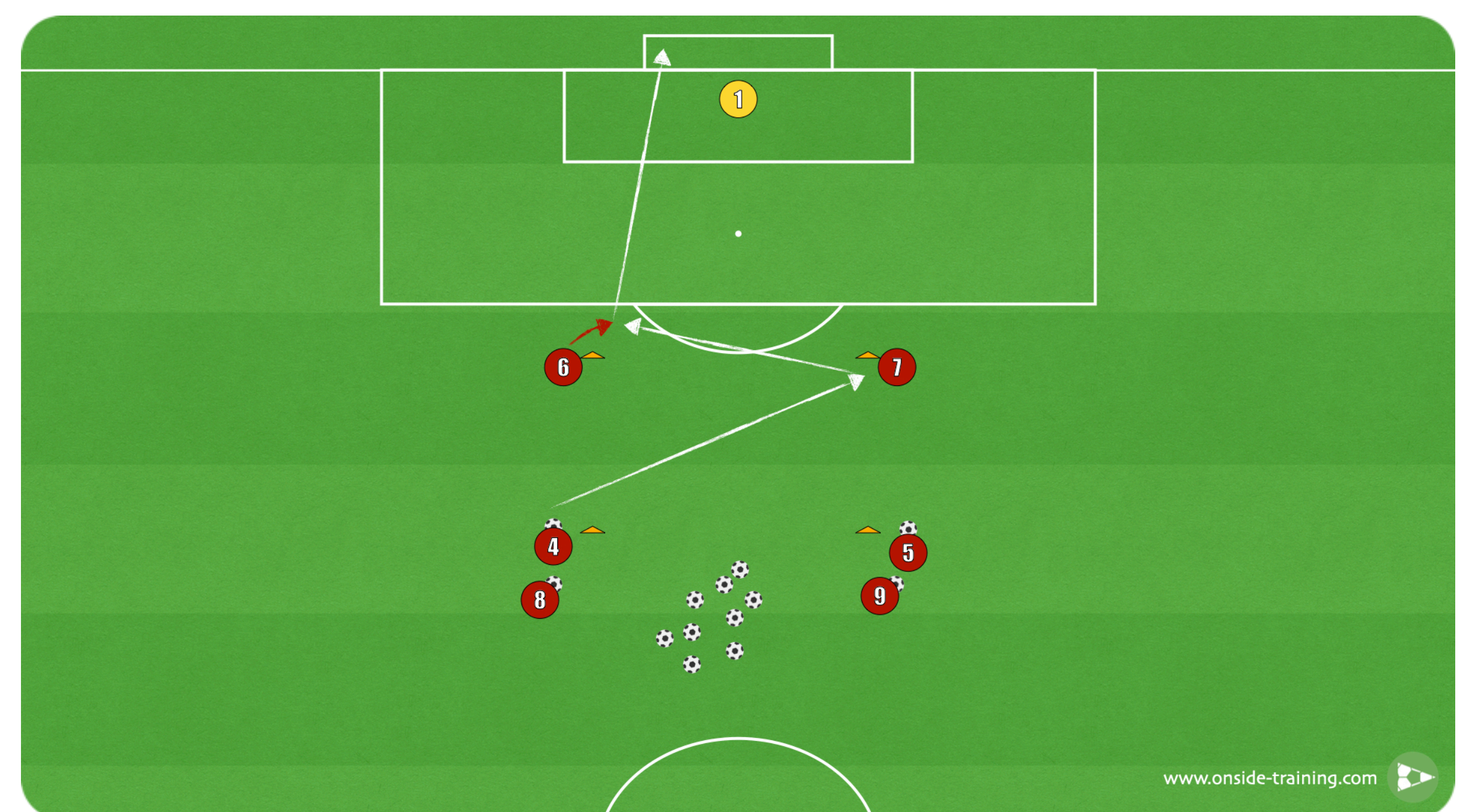


1. Variation:

In this variation, the players perform a basic one-two pass with the player ahead of them. The player who first gets the pass then passes the ball to the shooter, who takes a shot. After the shot, the players rotate positions.

2. Variation:

In this variation, the first player delivers a diagonal pass through the square. The receiving player then lays the ball off for the shooter. After the shot, the starting and shooting players rotate positions.



3. Variation:

In this variation, we combine elements from the first two variations. The initial player engages in a one-two combination with the player ahead. Then, a diagonal pass is sent through the square and laid off for the shooter. After the shot, the starting and shooting players rotate positions.

