

# 2v2 TO SMALL GOALS

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## Setup:

- Create a field measuring about 15 x 20 meters, featuring a small goal at each end. .
- Have a minimum of 8 players, dividing them into two teams.
- Station two players from the same team at each corner - one team on each side.
- Place balls at two of the corners - one for each team.
- Adjust the distance between players based on their age and skill level.



## Why Use This Drill?

This 2v2 practice is a great way for players to learn and improve important skills in both attacking and defending.

**For Attackers:** It helps attackers become better at creating opportunities in a 2v2 situation. They learn to move smartly without the ball and keep their attack quick. Communication with their teammates is crucial to break down the defense.

**For defenders:** They improve their skills by practicing how to defend in a 2v2 situation. The key is to stay close together and communicate effectively to stop the attackers.



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## How It Works

The game kicks off with the attackers making a pass. Their goal is to score swiftly, maintaining a quick pace in the attack. On the flip side, defenders aim to score if they manage to win the ball. When the ball goes out of bounds, the roles switch. The attackers become the new defenders, and a new pair of attackers starts the game.

