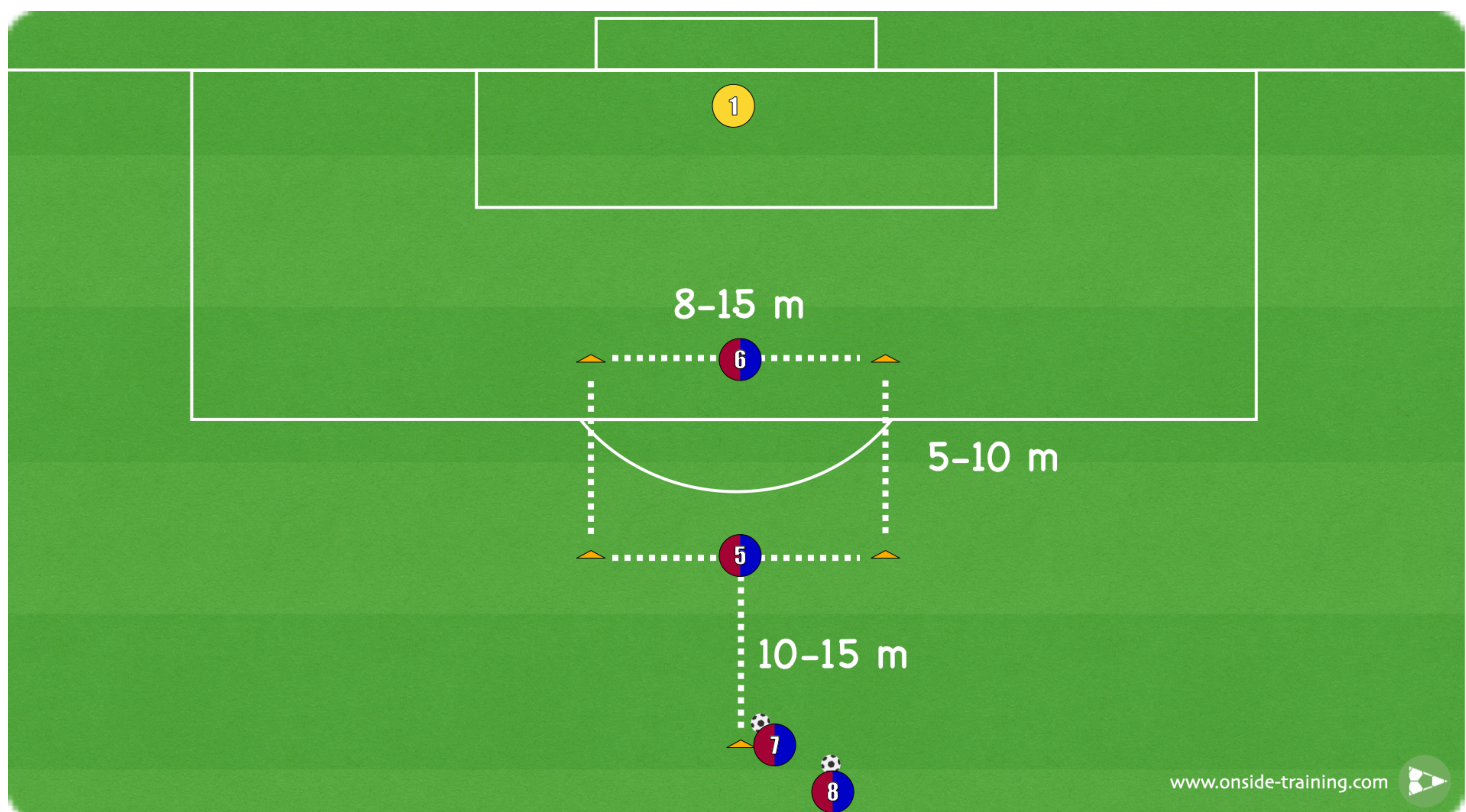


FC BARCELONA SHOOTING DRILL

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Setup:

- You'll need to set up a square using four cones, typically positioned inside or just outside the penalty box. The exact distance between the cones can be adjusted to suit the age and skill level of your players.
- Two players should be inside the square at each side.
- Behind the square, create a starting cone with a line of players ready to participate.



Why Use This Drill?

This is a fantastic shooting drill inspired by the training methods of FC Barcelona and is used by their youth academy, La Masia. This drill is designed to help players enhance their shooting skills, develop passing accuracy, and improve their game understanding.

When the players make movements depending on other moves happening on the field, they'll start to grasp the importance of positioning and how to create space for themselves and their teammates.

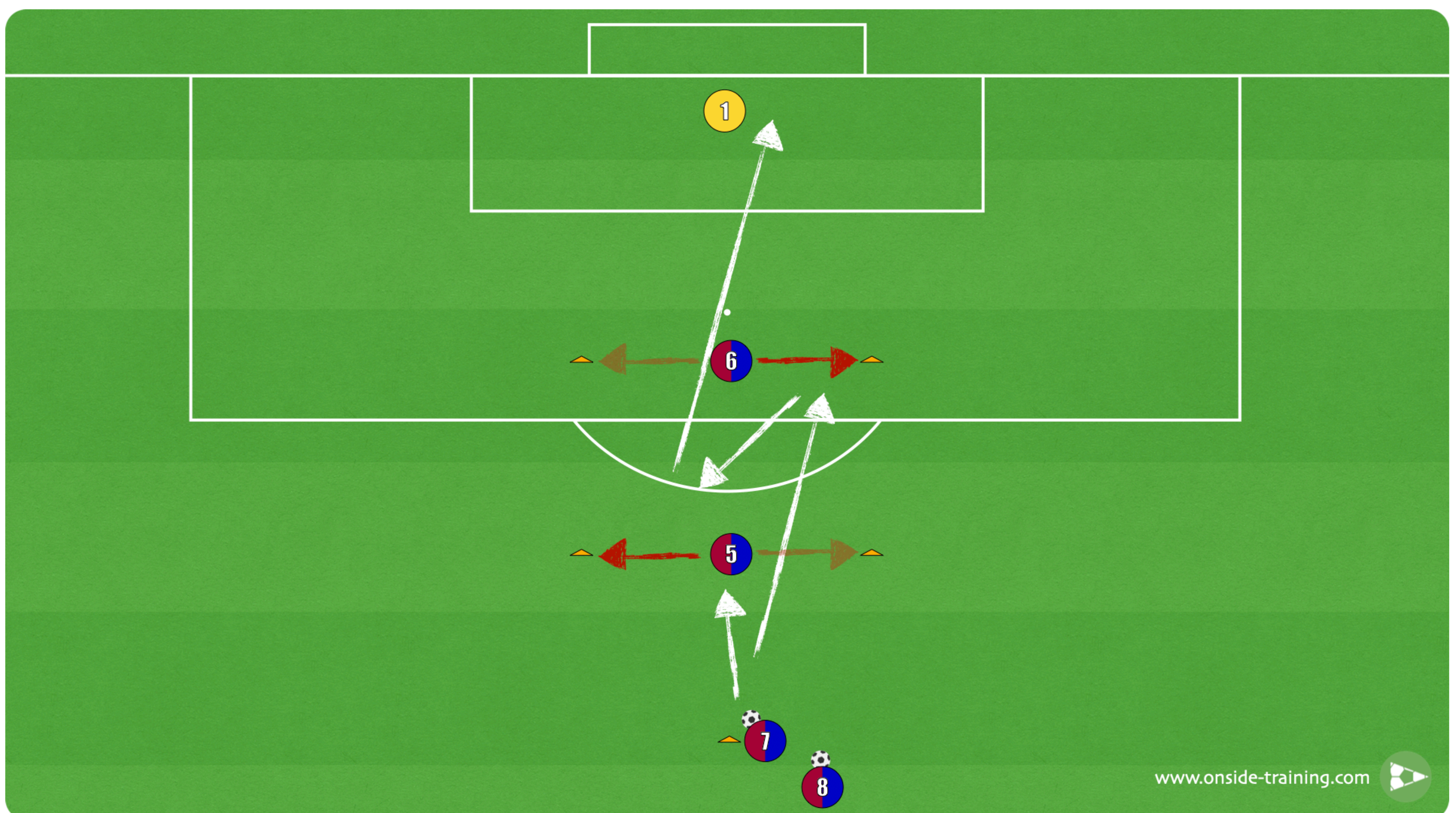
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FC BARCELONA SHOOTING DRILL

How It Works:

- The starting player passes to the first player in the square.
- The player in the square passes the ball back to the starting player and moves to one of the cones on the sides.
- The second player from the square moves to the opposite cone and gets the ball from the starting player.
- The ball is then passed to the first player in the square, who takes a shot.
- Rotate players after each shot.



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